

ABC'S OF LEARNING & GROWING

Preschool



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| 6:30 -8:00 | ARRIVAL / GROUP ACTIVITIES |
| 8:00-8:15 | BREAKFAST |
| 8:15-8:25 | RESTROOM / WASHING HANDS |
| 8:30-9:00 | OUTDOOR ACTIVITIES / GROSS MOTOR |
| 9:00-9:30 | RESTROOMS / WASHING HANDS / WATER |
| 9:30-10:00 | PLEDGE / CIRCLE TIME / STORY TIME |
| 10:00-10:30 | WRITING (LETTERS & SOUNDS, NUMBER SKILLS) |
| 10:30-11:00 | LEARNING CENTERS |
| 11:00-11:15 | LUNCH TIME |
| 11:15-11:30 | RESTROOM / WASHING HANDS |
| 11:30-1:30 | NAP TIME |
| 1:30-2:00 | RESTROOMS / DRINKS / MATS |
| 2:00-2:30 | GROUP ACTIVITIES |
| 2:30-2:45 | SNACK TIME |
| 2:45-3:00 | RESTROOM / WASHING HANDS |
| 3:00-3:30 | MUSIC & MOVEMENT |
| 3:30-4:00 | ART PROJECT |
| 4:00-4:30 | OUTDOOR ACTIVITIES / GROSS MOTOR |
| 4:30-5:00 | RESTROOMS / DRINKS |
| 5:00-5:30 | FINE MOTOR SKILLS |
| 5:30-6:00 | STORY TIME |
| 6:00-6:30 | COMBINE CLASSES / PREPARE FOR HOME |